

Whichever method you choose, you can be reassured that the British Parachute Association (BPA) regulates all parachuting in the UK so the equipment, instruction and operational procedures will be to the same high standard. The BPA runs a well established progression system designed to introduce you to the sensational sport of skydiving.

To decide which method would most suit you and for more information on prices, courses and dates, call your local drop zone or visit their website.

### Your nearest drop zone:

Skydive Academy Limited  
Peterlee Parachute Centre  
The Airfield  
Shotton Colliery  
DURHAM  
DH6 2NH  
0191.5171234

email: [enquires@skydiveacademy.org.uk](mailto:enquires@skydiveacademy.org.uk)  
Web Site: [www.skydiveacademy.org.uk](http://www.skydiveacademy.org.uk)

The Airfield at Shotton Colliery is just west of Peterlee. From the A19 take the Peterlee Exit, and from the roundabout (underneath the A19) take the Shotton Colliery turn off. Follow the road through the large industrial estate and at the next two roundabouts follow the signs to Shotton Colliery. Exactly 0.5ml later the Airfield is sign posted to the right (sign on left hand side of road pointing to the right), through the Shotton Colliery Industrial Estate. The road bears left through the Shotton Colliery Industrial Estate. You may think you are approaching a dead end but keep going and then bear right at the single garage. You should then be able to see our turquoise hangar at the top of the road.



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# Try Skydiving!

*If you've always  
fancied a skydive but  
never got round to it,  
now's the time!*

*It's easier than  
you may think...*



## Tandem

A fifteen minute brief is all you need for a tandem skydive. This is a jump from around 10,000 feet in a dual harness, with an experienced instructor. You have about 30 seconds of free fall and will learn the stable skydiving position. Your instructor opens a huge rectangular parachute which you can both steer. If you love the experience, why not try one of the other training methods and learn to skydive.



Tandem skydive

## Accelerated Free Fall - AFF

In Accelerated Free Fall you leave the aircraft from 12,000 feet with an instructor either side, guiding you in free fall. You open your own parachute and fly it to the landing area under radio instruction. This is the fast track way to learn to skydive, with highly personalised coaching – a good choice if you know you want to take up skydiving.



Accelerated free fall



Photos: Chris Wood, Dean O'Flaherty, Pete Mide, Andy Ford & Simon Hughes

## Static Line - RAPS

If you want to take a bit more responsibility, you can do a jump out of the 'plane on your own at 3,500 feet. The deployment of the parachute is initiated almost immediately by the static line and you fly your own canopy to the ground, usually a rectangular ram-air parachute like the experts. This is the first jump in a progression system of around 40 jumps designed to teach you to skydive, hence the name RAPS (Ram-Air Progression System).



RAPS static line jump

**Go on... Give it a try!**